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TODAY'S HEALTH FOR THE EMPOWERED WOMAN

"THE LAST HURRAH"

I wrote my first article for this column in April 2009 entitled "Women's Health is too Important to Ignore". I still feel passionate about that concept. I have written just short of one hundred (100) articles that ran the gamut from anatomy and physiology lessons to sexuality, politics, pregnancy etiquette and most recently the Zika virus. As you know I retired from active practice in 2013 and now divide my time between St. Croix in the United States Virgin Islands and the Adirondack Mountains. In St Croix I am involved in committees to bring improvements to their hospital. When home I still write book reviews for the Medical Society of the State of New York. In my capacity as the Vice Chair for the New York State Board for Medicine I frequent New York City for license hearings and Board issues that affect the lives of New Yorkers. I also travel the world to evaluate medical schools. I serve on the board of the Office of Professional Medical Conduct and am still the Senior Advisor to the American Congress of Ob-Gyn and help in determining women's health care policy and lobby in Washington and Albany for and against bills that affect women. I am newly appointed to the Federation of State Medical Boards. So while not engaged in the day to day practice of ob-gyn my plate is full. Recently my wife and I have run up against a few personal medical issues that we hope to resolve this summer. Consequently this is my last column. Oswego was my happy home for almost forty years and I left my youth and heart in that wonderful city. It has been said that "old generals never die, they just fade away". I hope that holds true for old doctors. I consistently strove to make a difference in your lives through my practice and I hope to have educated and entertained you through my writings. I will continue the above activities for as long as I am able because I sincerely still feel that "women's health is too important to ignore." God bless you all.